SEL and Social Justice Curriculum

Grade: 3

Family Issues

Unit Description:

This unit is designed to help students build the foundation for being a responsible school citizen through SEL and Social Justice lessons, as well as service projects to help their community. The Second Step Elementary curriculum helps teach kids skills that can help them in school, at work and in life, such as listening, focusing attention, making friends and problem-solving. It also includes lessons that directly confront bullying and how to recognize, report and refuse such behavior. In turn, through the Social Justice curriculum students will learn: how a growth mindset allows us to learn and take risks, grit gives us the opportunity to persevere through challenges, families come in all shapes and sizes, no family structure is the right family structure, and it takes a family and a community to raise a child. All of this work is part of a spiral curriculum that is designed to create more aware and active citizens and help address our districts' definition of social justice.

Bend I: Skills for Learning
Bend II: Growth Mindset
Bend III: Bullying Prevention
Bend IV: Grit

Bend V: Empathy
Bend VI: Emotion Management
Bend VII: Problem Solving

Bend VIII: Family Structures
Bend IX: Divorce & Separation
Bend X: "It Takes a Village"

Social Justice Definition for Florham Park School District

Social justice does not manifest in a singular fashion, nor is it achieved through a specific means of instruction. We see social justice as a means to be aware of and support equality and equity. We aim to develop students' sense of awareness of the world around them and create a willingness to contribute to making our community a better place. Social justice can and, often does, progress from awareness to civic action. In educational settings, schools must prepare students for the different phases of social justice to ensure that America upholds a democracy based on the principles that all people are created equal. Social justice guarantees fundamental human rights and the social inclusion and participation of every citizen. It also ensures every person will be provided with access to equitable economic, educational, healthcare, and political opportunities.

Schools should provide equal access to knowledge and should operate free of any constraints to ensure that all persons have the best opportunities to succeed. Our desire is to teach students about emotion regulation, understanding differences, problem solving and conflict resolution, self advocacy and advocacy for others as they develop an awareness of how they can help others. A socially just curriculum addresses historically rooted and institutionally sanctioned stratification, particularly for socially constructed groups that include race, ethnicity, class, gender, sexual orientation, religion, immigration status, language, and ability. Throughout this process and their tenure, students should be prepared to accept their roles as citizens in a participatory society. Specifically as they engage in socially just work and examine themselves and others while exploring possible solutions to problems identified around concepts of equality and freedom.

NJ Student Learning Standards

Social Justice	Standards:	
Identity 1	ID.3-5.1	I know and like who I am and can talk about my family and myself and describe our various group identities.
Identity 2	ID.3-5.2	I know about my family history and culture and about current and past contributions of people in my main identity groups.
Identity 4	ID.3-5.4	I can feel good about my identity without making someone else feel badly about who they are.
Identity 5	ID.3-5.5	I know my family and I do things the same as and different from other people and groups, and I know how to use what I learn from home, school and other places that matter to me.
Diversity 6	DI.3-5.6	I like knowing people who are like me and different from me, and I treat each person with respect.
Diversity 7	DI.3-5.7	I have accurate, respectful words to describe how I am similar to and different from people who share my identities and those who have other identities.
Diversity 8	DI.3-5.8	I want to know more about other people's lives and experiences, and I know how to ask questions respectfully and listen carefully and non-judgmentally.
Action 16	AC.3-5.16	I pay attention to how people (including myself) are treated, and I try to treat others how I like to be treated.
Action 20	AC.3-5.20	I will work with my friends and family to make our school and community fair for everyone, and we will work hard and cooperate in order to achieve our goals.

Enduring Understandings/Goals	Essential Questions
Students will understand that	
☐ Growth mindset allows us to learn new things and take risks	☐ What is a growth mindset?
Grit allows us to make mistakes and keep learning.	☐ What is grit?
There are many types of family structures.	☐ What are family structures?

Changes can happen to families, including divorce and separation. How can families change? Communities contribute to the growth and development of children. Who helps raise and teach children? Accommodations and Modifications Evidence of Learning (Assessments) Formative Assessments: Special Education: Curricular Modifications and Guidance for Students Educated in Special Class Settings Book club talks Subgroup Accommodations and Modifications Differentiation for All Students (Special Needs, ESL, Gifted Learners, & Mainstream Learners) Student reflections Conferences and small groups Differentiation: Preview content and concepts Behavior management plan **Summative Assessments:** Highlight text Small group setting Action Research Projects High-Prep Differentiation: Reflections Alternative formative and summative assessments Guided Reading Benchmark Assessments: Personal agendas Project-based learning Tiered activities/assignments Nonsense Words Varying organizers for instructions Teachers College Running Records Low-Prep Differentiation: Letter Sound ID Clubbing activities High Frequency Word Assessment_ Exploration by interest Flexible groupings Alternative Assessments: **English Language Learners:** F & P Running Records Scholastic Running Records Unit 1: Curriculum for ELL BeBop Books for running records ESL K-2 G & T Assessments:Sages-2 Screening Assessment for Gifted Subgroup Accommodations and Modifications Elementary: Mathematics/Science Language Arts/Social Studies Differentiation for All Students (Special Needs, ESL, Gifted Learners, & Mainstream Learners) Yopp-Singer test of Phoneme Segmentation Sentence-Writing Grade Placement Test Students at Risk for Failure: Linguistics Phonemic Awareness Screener Linguistics Decoding Pre/Post Test Subgroup Accommodations and Modifications Dyslexia Screener Differentiation for All Students (Special Needs, ESL, Gifted Learners, & Mainstream Learners) PRIM checklist LLI; Test Preparation Lesson Framework F&P levels Gifted and Talented Subgroup Accommodations and Modifications Differentiation for All Students (Special Needs, ESL, Gifted Learners, & Mainstream Learners)

Students with 504 Plans Subgroup Accommodations and Modification Differentiation for All Students (Special Needs, ESL, Gifted Learners, & Mainstream Learners) Core Instructional and Supplemental Materials Core Instructional, Supplemental, Instructional, and Intervention **Professional Resources:** Resources Core Professional Resources: Core Instructional Resources: **BOOKS** Teachingtolerance.org **Families** Florham Park ELA PD Sharing Website The Family Book by Todd Parr The Reading Strategies Book by Jen Seravallo And Tango Makes Three by Justin Richardson Prompting Guide A Father Like That by Charlotte Zolotow Writing Resources and Scope and Sequences Happy Like Soccer by Maribeth Boelts Units of Study Online Resources Heather Has Two Mommies by Leslea Newman Luis Paints the World by Terri Farish Divorce Supplemental Professional Resources: It's Not Your Fault Koko Bear by Vicki Lansky Two Homes by Claire Masurel Leveled Literacy Intervention Kits My Family's Changing by Pat Thomas When Readers Struggle - Teaching What Works - Irene I Don't Want To Talk About It by Jeanie Franz Ransom Fountas and Gay Su Pinnell Separation Rubric for Assessing a Retell on a Reading Level You Weren't With Me by Chandra Ghosh Ippen Assessment - Levels A-Z (Teachers College) Soon, Annala by Riki Levinson Benchmarks for Oral Fluency Rate - Words Per Minute Mango Moon by Diane de Anda (Teachers College) Waiting For Papa by Rane Coltano Lainez Primm Book Mama's Nightingale by Edwidge Danticat Fountas and Pinnell Guided Reading Series Adoption Prompting Guide Part 1 - For Oral Reading and Early Tell Me Again About the Night I Was Born by Jamie Lee Curtis I Don't Have Your Eyes by Carrie A. Kitze Prompting Guide Part 2 - For Comprehension: Thinking, We Belong Together by Todd Parr Talking, Writing Elliot by Jule Pearson Teachers College Units of Study - Phonics K-2 Pablo's Tree by Pat Mora Reading Strategies Book - Jennifer Serravallo **Growth Mindset** Florham Park ELA PD Sharing Website The Dot by Peter Reynolds Conferring Menus Seven Golden Stars - short story **VIDEOS** Gina Adopts a Baby

A Muppet in Foster Care

Little Children, Big Challenges-Divorce

	 Deployment Stories Little Children, Big Challenges-Incarceration Carson - Ted Talk Grit video Famous Failures video Perseverance short
	Supplemental Resources: Sesame Street The Best Children's Books Social Justice Books Intervention Resources: Leveled Literacy Intervention Texts Six Minute Solutions Fountas and Pinell Guided Reading Fountas and Pinell Shared Reading
Interdisciplinary Connections	Integration of Technology through NJSLS
 Correlates to routines unit in math, rules and community units in social studies Identify classroom routines in other subject areas: math, science, and social studies. In Social Studies discuss routines in the community Understand what it means to "read close" in social studies, science, and foreign language. Offer short, nonfiction picture books and nonfiction articles on science, social studies, and foreign language related activities to encourage building background knowledge and independent reading about topics of interest to students. Encourage students to respond to texts in their specific subject area notebooks as they reflect on what they have been reading. Highlight texts, themes, and reflections that connect to themes related to the Holocaust; i.e. power, bullying, empathy, and social activism. 	 Create a word study word sort in Inspiration. Listen to books on CDs, tapes, videos or podcasts if available. Listen to books on websites (pbskids.org/lions/index.html, storylineonline.net, storyit.com, Elementary Connections Page) Use document camera or overhead projector for shared reading of texts. Ongoing: Listen to books on CDs, tapes, videos or podcasts if available. Listen to books on websites (pbskids.org/lions/index.html, storylineonline.net, storyit.com, Elementary Connections Page) Use document camera or overhead projector for shared reading of texts. Other: Use Microsoft Word, Inspiration, or Smart Board Notebook software to write the words from their word sorts. Use Inspiration to create a double timeline looking at plot events and character motivation.
Integration of 21st Century Themes and Skills	Media Literacy Integration
 Financial, Economic, Business, and Entrepreneurial Literacy Civic Literacy Health Literacy Social Justice Literacy Creativity and Innovation 	 Ask students to look for specific things when they view videos or read print material, and then ask questions about those items Build on the intuitive knowledge students have gained from media about the story and character Clarify the distinction between fiction and nonfiction in different types of media reporting on the same topic

 Critical Thinking and Problem Solving Communication and Collaboration Information Literacy Media Literacy Life and Career Skills RazKids Use Screencastify to record student reading, partner feedback, and/or student goal Digital Story Books Epic Digital Storybook Brinpop Ir. 	Use print materials to practice reading and comprehension skills
Career Education	Global Perspective
 New Jersey Educational Field Trip Connect With Rick Riordan Author Visit Kit Authors Who Skype 	 National Hispanic-Latino Heritage Month National Disability Employment Awareness Month National American Indian Heritage Month Black History Month National Women's History Month, National Irish-American Heritage Month National Italian American Heritage Month Asian Pacific American Heritage Older Americans' Month Jewish American Heritage Month Week of Respect Red Ribbon Week International Dot Day (September 16)

Bend I: Skills for Learning (September)	
Second Step Unit 1	
Lesson 1: Being Respectful Learners	Connection: • Play Triple T with a Twist to warm up • Use the Skills for Learning poster to introduce the lesson Mini Lesson: Today I want to teach you that focusing your attention and listening help you be a better learner. Focusing your attention and listening are also ways to show respect. Show the photo and tell the story of Sita. Remind kids that to focus their attention they need to: use your eyes to watch, your ears to listen, and your brain to hold attention. Do a Think, Turn, Tell to brainstorm ideas for how to focus their attention. Do another Think, Turn, Tell to discuss ways to show you're listening and how this helps you learn.

Small Group Work/Asynchronous Learning: Practice being a respectful learner by focusing your attention and listening. Show students the photo, then have partner A say, "Tell me three things you see!" while partner B responds. Partner A will then report parner B's responses to the group.

Lesson 2: Using Self-Talk

Connection:

- Show lesson card 1 and review
- Play Who's Talking? To warm up

Mini Lesson: Today I want to teach you that self-talk means talking to yourself in a quiet voice or in your head. Self-talk can help you focus, stay on task, and handle distractions.

Point to the Skills for Learning Poster and discuss the distractions that were present during today's game. Show the photo and tell the story of Omar. Do a Think, Turn, Tell about what you kids said to themselves to help them ignore the distraction during the game. Have partners discuss what self-talk you would use if you were Omar.

Small Group Work/Asynchronous Learning: Practice using self-talk to ignore distractions in an activity called Phone Frenzy.

Lesson 3: Being Assertive

Connection:

- Show lesson card 2 and review
- Play Doodle Dance to warm up

Mini Lesson: Today I want to teach you that being assertive means asking for what you want or need in a calm and firm voice. Being assertive is a respectful way to get what you want.

Show the photo and tell the story of Naomi. Ask students to identify whether Naomi needs something and model Naomi asking to join in to the group. Discuss how your voice is assertive and model non examples.

Small Group Work/Asynchronous Learning: Practice asking for what you want or need in an assertive way using different scenarios. Read each aloud, then have partner A say, "Be assertive!" while partner B responds in an assertive manner.

Lesson 4: Planning to Learn

- Show lesson card 3 and review
- Play the "Be a Learner" song
- Play Sentence Switcheroo to warm up

	Mini Lesson: Today I want to teach you that making a plan can help you be a better learner. A plan is good if the order makes sense, it's simple and you can do it. Show the photo and tell the story of Cheng. Prompt kids to think about how Cheng feels and that he needs a plan to help himself remember to take home his homework. Do a Think, Turn, Tell to brainstorm the first step Cheng can take to help himself. Then ask partners to discuss the next steps to make Cheng's plan work and compare this plan to the Good PLan Checklist to see if it works. Small Group Work/Asynchronous Learning: Have students sit with their partners and give them the Lesson 4 handout and have them complete it together to practice making a plan.
Bend II: Growth	Teaching Points
Mindset (October)	
Session 1: What does it	Connection: I want to ask you what does it mean to GROW? What kinds of things grow?
mean to grow?	Stop and think to yourself for a moment
	TP: Today I want to teach you that Grow = develop, change, mature, evolve. Living things grow - plants, animals, and
	people. Even our brains can grow! O Turn and talk to a partner and share your thoughts.
	Independent practice
	Have students write about how they have grown and share
Session 2: Growth and Fixed	Connection: When you think of the brain or minds, what do you think MINDSET means?
Mindset	TP: Today I want to teach you that Mindset is the way your brain views ourselves and the world. Our mindset can help
	us look at problems and mistakes in a positive way, or a negative way. We can have a growth mindset or a fixed mindset.
	Wanting to quit, give up, or deciding we're just not good at something are all the clues we have a fixed mindset.
	So what does a Growth Mindset vs. a Fixed Mindset look like in action?
	Carson - Ted Talk 6 minutes 48 seconds
	Discussion questions:
	What is a growth mindset?
	How did Michael Jordan have a growth mindset?
	Why would coaches want someone with a growth mindset?
	What is the difference between a growth mindset and a fixed mindset?
	How did Carson, the 5 th grader speaking in the video, use a growth mindset in reading?

How can you have the mindset of a champion?

Independent practice:

Have students complete page 3 and share Sketch It Activity

Session 3: Read Aloud -The Dot

Connection: Introduce the book The Dot by Peter Reynolds Ask the class - How do you feel when you start/try something new? How do you feel if the new thing you are trying is difficult? How many of you like art/ to draw but don't think you are very good?

TP: Today I want to read you a story and I want youto think about if the character has a fixed or growth mindset.

Read The Dot by Peter Reynolds The Dot - Peter Reynolds

Discussion: The Dot, utilize pages 1 & 2 for discussion Dot Discussion

Independent Practice:

<u>Dot growth mindset activities</u> - students will write a letter to another student in the class about a time when something was difficult for them, but they used a growth mindset strategy to persist. Then exchange letters!

TP: Today I want to ask you to think about times where you had a growth mindset and times when you had a fixed mindset. Everywhere you look, you can find examples of others either quitting or overcoming their challenges as we just did in The Dot.

Class discussion:

- Have you noticed a time you had a growth mindset in the last few days? Did you feel your brain growing?
- What about a time you felt stuck?
- Is there anything you learned today that you will apply when you feel stuck next time?

Session 4: Growth Mindset in Our Class and School

Connection: How can we apply a growth mindset in school? What Does it look like?

Today I want to teach you that we can create a growth mindset in our classroom and school.

Now that students have a better understanding of growth mindset- Ask students to think about/draw about/discuss how growth mindset LOOKS, FEELS, and SOUNDS in school

What does growth mindset look like?

Ex: Growing from challenges, trying new things, having a positive outlook/attitude What does growth mindset feel like? Ex: Positive, Encouraging, helpful What does growth mindset sound like? Ex: We learn from our mistakes, we try new things, even if they are difficult How can we help each other have a growth mindset in our classroom? You can hang up this list in your classroom to help as a reminder for the rest of the school year! For additional activity - Connect to Book and Movie Characters "In so many of your favorite books and movies, the characters are learning to have growth mindsets too. Let's pick one now and try to find all the ways we see it happening!" Activity: Play the Growth Mindset Game as a class split into teams - Growth Mindset Game Bend III: Bullying **Teaching Points** *Please note, these lessons are to be completed during the Read Aloud period on Fridays. Prevention (October) **Second Step Bullying Prevention** Unit Lesson 1: Recognizing Connection: Introduce bullying as something that is unfair and one-sided Bullying Ask partners to Think, Turn Tell about: o The meaning of "unfair" The meaning of "one-sided" Bullying that students have observed or experienced themselves Point to the "Recognize" part of the Three Rs of Bullying poster and introduce the lesson Mini Lesson: Today I want to teach you that bullying is mean or hurtful behavior that keeps happening. Bullying is not safe, respectful or kind and recognizing that it's happening is the first step to getting it to stop. Play part 1 of the video, stopping to discuss what's going on and whether students have something they're really interested in that most other people aren't interested in. Play part 2 of the video, asking students to identify whether bullying has occurred. Play part 3 of the video and discuss the effects bullying may have on your enjoyment of a hobby or activity. Identify what has changed for Dante. Play part 4 of the video, then have students do a Think, Turn, Tell to discuss how Mr. Martinez helps Dante. Play part 5 of

the video and do a Think, Turn, Tell about what Jonah should do now. Play part 6 of the video and do a Think, Turn, Tell about what Dante did to get the bullying to stop.

Small Group Work/Asynchronous Learning: Play a game called, "Bullying Detectives" to help kids practice looking for clues that bullying is happening.

Lesson 2: Reporting Bullying

Connection:

- Review what students learned in the last session
- Introduce the idea of reporting bullying, pointing to the "Report" section of the Three Rs of Bullying Chart

Mini Lesson: Today I want to teach you that if you recognize bullying is happening and you haven't been able to get those mean behaviors to stop, you should tell a caring adult.

Play part 1 of the video and discuss how Ella feels about getting stuck doing icky stuff for her friends. Play part 2 of the video and do a Think, Turn, Tell to identify that bullying has occurred and what the bullying action is. Do another Think, Turn, Tell to discuss why Ella does what Jada wants and whether this friendship is unfair or one-sided. Play part 3 of the video and discuss whether Ella telling a caring adult would be "snitching" or "tattling". Play part 4 of the video and do a Think, Turn, Tell about what makes a parent or caring adult a safe person to report bullying to. Play part 5 of the video and do a Think, Turn, Tell about what Jada should do after an adult speaks with her. PLay part 6 of the video and Think, Turn, Tell about what students in our class should do if bullying happens to them.

Small Group Work/Asynchronous Learning: Remind kids that when they report bullying, they need to be assertive. Practice reporting bullying as a whole group by role playing through each of the scenarios with different groups of kids.

Lesson 3: Refusing Bullying

Connection:

- Review what students learned about reporting bullying in the last session
- Reiterate how you can use a strong, respectful voice when being assertive in different situations, including reporting and refusing bullying
- Point to the "Refuse" section of the Three Rs of Bullying Chart

Mini Lesson: Today I want to teach you that you can refuse to let bullying happen to you or to others. You can be assertive when you're refusing bullying.

Play part 1 of the video and discuss how you would feel if someone called you names you didn't like. Play part 2 of the video and identify the bullying that has occured. Reiterate that it is not okay to play mean jokes on your friends, even if you're "just kidding". Play part 3 of the video and discuss whether Hugo must report Jake, Omar and Raphael's bullying to a teacher and what he should

	say when reporting. Play part 4 of the video and do a Think, Turn, Tell about how the teacher helps Hugo refuse bullying. Play part 5 of the video and do a Think, Turn, Tell about why it's important for Hugo to use a strong, respectful voice when he talked to his friends and how Hugo refused bullying. Small Group Work/Asynchronous Learning: Remind kids that when they refuse bullying, they need to be assertive. Practice refusing bullying as a whole group by role playing through each of the scenarios with different groups of kids.
Lesson 4: Bystander Power	 Connection: Review what students learned about refusing bullying in the last session Introduce today's lesson concept about bystanders and point to the "Recognize" section of the Three Rs of Bullying chart
	Mini Lesson: Today I want to teach you that bystanders are people who see or know about bullying happening to others. There are things bystanders can do to help stop bullying. Play part 1 of the video and discuss whether bullying is occurring and how you know. Identify the bystander in the video. Play part 2 of the video and tell that it is not okay to be mean or make a joke about Calvin because his brain works a little differently from the way most other kids' brains work. Play part 3 of the video and do a Think, Turn, Tell to discuss what Mishon should do now to stop the bullying. Play part 4 of the video and discuss Mishon's empathy for Calvin and what they decide to do to help stop the bullying. Play the last two parts of the video and discuss Mishon's bystander power.
	Small Group Work/Asynchronous Learning: Help kids practice identifying ways that bystanders can help by playing, "Bystander Heros". Explain and model the first scenario, then prompt students to stand up when they hear a bystander do something to help stop bullying.
Bend IV: Grit (October)	Teaching Points
Session 1: What is Grit?	Connection: What could Grit mean?
	TP: Today I want to teach you about the word Grit. Grit is when you work hard and stick with something, even if it is
	not easy, even if you make mistakes and fail.
	Show <u>Grit video</u> discuss what they learned about grit as a group
	Show Perseverance short
	Video Debrief
	What challenges did the llama face? How did the llama paragrap toward his goal?
	 How did the llama persevere toward his goal? What feelings do you think he experienced while chasing the fruit?
	2

- How does it feel when you face challenges when you're working toward a goal?
- What kind of things can you say to yourself to help you persevere toward a goal
- Review things that students can say to themselves to build themselves up while working toward a goal: "I can do this! It might be hard, but if I keep trying, I'll get there." "I have the skills to succeed!" "I can find strategies that work for me!"
- Talk about strategies students can use when they face challenges: Take a break to regroup, Analyze strategies and pay attention to what is working and what's not to refocus efforts, Celebrate small successes
- Independent practice <u>Perseverance activities</u> pages 5-7

Session 2: Famous examples of Grit

Connection: Success comes with having grit.

Today I also want to show you that the most successful people failed and had to try over and over again to get to where they are today!

Show video - famous failures - you may want to pause the video to allow students to read the captions-: <u>Famous Failures video</u> Discuss: What did you gain from this video? What surprised you? Did you hear about the failures and hurdles that these people overcame to get to where they are before today's video?

Independent practice - Have students research a successful person who showed grit.

Session 3: Grit Interviews

Connection: Ask students what it means to have grit - review from previous lesson. Ask students to think about questions they could ask others about times that they showed grit.

TP: Today I want to teach you that we can learn about others and how they show grit. One way we can do this is by interviewing them!

Independent Practice:

Have a class discussion to come up with interview questions about grit.

Sample questions:

What is something really difficult that you tried?

What did you have to do to reach your goal?

How have you shown grit?

Tell me about a time when you failed the first time.

Did you ever think about giving up on your goal? If so, what happened/ how did you overcome this?

	Come together as a class and discuss questions.
	Activity:
	Pair students up in the classroom to interview each other.
	Have students write about how their partner showed grit!
Session 4: Goals	Connection: What are goals and why are they important? TP: Today I want to teach you about goals - Stop and think for a moment what you may know about goals Have a class discussion about what a goal is and why goals are important. I am going to read you a story and I want you to think about why goals are important. Seven Golden Stars Read The Seven Golden Stars to the class and have class discussion. Independent Practice: Have students fill out a pledge (attached above in Seven Golden Stars) and write out a goal they have for the school year.
	Come back together as a class and share some of their goals and what will help them achieve their goals. Goals can be displayed in the classroom as a reminder and motivator for students!
Bend V: Empathy	
(December-January)	
Second Step Unit 2	
Lesson 5: Identifying Others Feelings	Connection: • Show lesson card 4 and review how making a plan can help you at school • Play Same or Different to warm up Mini Lesson: Today I want to teach you that people can have different feelings about the same situation and their feelings can change. Empathy is feeling or understanding what someone else is feeling. Thinking about others' perspectives helps you have empathy for them. Show the photo and tell the story of Jenni, Meg, Brian, and Kyle. Direct students to first focus their attention on their faces and bodies for clues about how they're feeling. For each photo, have students name the feeling and describe the clues that helped them decide. Play the video, then do a Think, Turn, Tell about Jenni's situation and what Kyle could do next.

Small Group Work/Asynchronous Learning: Practice recognizing same and different emotions by having kids work with their partners. Distribute the lesson 5 handout, read the directions and have the students complete it together.

Lesson 6: Understanding Perspectives

Connection:

- Show lesson card 5 and review
- Have each students draw what an object of your choice looks like from their perspective

Mini Lesson: Today I want to teach you that looking for clues on a person's face or body and in the situation helps you notice and understand how that person is feeling. People can have different feelings about the same situation.

Show lesson card 5 and discuss how the students were feeling at the end of last session's video. Find out what Kyle chose to do as you watch the video. Discuss how Jenni feels now once Kyle apologized. Do a Think, Turn, Tell about why Jenni's feelings changed and how Meg's feelings changed. End the discussion about how feelings can change by referring to the Empathy Poster and playing "The Empathy Song."

Small Group Work/Asynchronous Learning: Practice focusing your attention and listening to help you notice if your partner's feelings change. Read a scenario aloud and have each partner show how they are feeling. Read a second scenario aloud and repeat. Have each partner identify how their partner's feelings changed.

Lesson 7: Conflicting Feelings

Connection:

- Show lesson card 6 and review
- Play "The Empathy Song"
- Play Switch it Up! To warm up

Mini Lesson: Today I want to teach you that you can have conflicting feelings about a situation. Having empathy helps you notice when other's feelings are the same or different as yours.

Show the photo and tell the story of Eva. Identify how Eva feelings about touching Oobleck. Do a Think, Turn, Tell about why Eva feels curious, then do another Think, Turn, Tell about why Eva feels nervous. Discuss how these feelings are conflicting and what Eva can do to help herself decide what to do.

Small Group Work/Asynchronous Learning: Practice naming and explaining different feelings for the same situation. Read the scenario aloud and ask, "How do they feel?" Have each partner say a feeling and explain why. Have partners stand up if they would have the same conflicting feelings that they identified.

Lesson 8: Accepting Differences

Connection:

- Show lesson card 7 and review
- Play Common Ground to warm up

Mini Lesson: Today I want to teach you that having empathy helps you understand and accept how others are the same and different as you. Accepting and appreciating others' differences is respectful.

Show the photo and tell the story of Yasaman and Olivia. Discuss their differences and why students might laugh at Yasaman. Then discuss how they might be alike or similar. Do a Think, Turn, Tell about how Olivia could get to know Yasaman better. Then do another Think, Turn, Tell about what Olivia could say to the other students if they tease or laugh at Yasaman. End by playing The Empathy Song.

Small Group Work/Asynchronous Learning: Use today's activity to have kids get to know their partner better. Distribute one copy of the lesson 8 handout to each student. Read the directions then give students ten minutes to complete their work.

Lesson 9: Showing Compassion

Connection:

- Show lesson card 8 and review
- Play Back to Front to warm up

Mini Lesson: Today I want to teach you that focusing attention on and listening to others can help you have empathy and show compassion. You can say kind words or do helpful things to show your compassion.

Show the photo and tell the story of Cody and Raj. Discuss how Cody feels missing the kickball game. Point out the skills for learning that are helping Raj listen to Cody. Refer to the empathy poster and connect how Raj is developing empathy for Cody. Do a Think, Turn, Tell about what Raj can say or do to show his concern.

Small Group Work/Asynchronous Learning: Practice showing compassion. Read the scenario aloud and have one partner prepare to focus and listen while the other partner tells how they would feel. Have the listening partner say something kind or name something helpful they could do to show compassion. End with a thank you from the partner sharing their feelings.

Lesson 10: Making Friends

- Show lesson card 9 and review
- Play "The Empathy Song"
- Play Chat Chain To warm up

	Mini Lesson: Today I want to teach you that focusing attention and listening to others can help you make conversation. Making conversation helps you make friends and get along better with others. Show the photo and tell the story of Yosef and Cheng. Do a Think, Turn, Tell about how Yosef can make friends with Cheng. Discuss how Yosef can begin a conversation with Cheng using a friendly voice. Do another Think, Turn, Tell about what skills for learning are helping Yosef and how he can end the conversation at the right time. Small Group Work/Asynchronous Learning: Practice making conversation. Play Chit Chat again, this time practicing doing what Yosef did to start, continue and end your conversation.
Bend VI: Emotions Management	
(January-February) Second Step Unit 3	
Lesson 11: Introducing Emotion Management	Connection: Review the Skills for Learning and Empathy posters Play Frozen Feelings Factory to warm up Mini Lesson: Today I want to teach you that when you feel strong feelings, it's hard to think clearly. Focusing attention on your body gives you clues about how you're feeling. Thinking about your feelings helps the thinking part of your brain get back in control. Show the photo and tell the story of Mateo. Remind kids that during today's game they may have had a strong feeling. Do a Think, Turn, Tell about how Mateo feels (nervous, anxious) and whether this is a comfortable or uncomfortable feeling. Remind kids that when you have a strong feeling it's hard for your brain to think. Show the hand motion for when your brain is overflowing with anxious feeling. Small Group Work/Asynchronous Learning: Do the Calm It Down dance to match what happens in your brain and body when you feel strong feelings and calm them down.
Lesson 12: Managing Test Anxiety	Connection: Show lesson card 11 and review Play Rhyme Race to warm up

Mini Lesson: Today I want to teach you that using a stop signal and naming your feeling are the first two Calming-Down Steps.

Show the photo and remind kids about Mateo who was feeling anxious about taking a test. Do a Think, Turn, Tell about why running out of the classroom and hiding are bad ideas. Refer to the Calm Down Poster to teach the first two steps to calming down strong feelings. Do another Think, Turn, Tell about words you could use as a stop signal.

Small Group Work/Asynchronous Learning: Practice doing the first two Calming-Down Steps for when you have strong feelings. Read each scenario while partner A says, "Stop! Name your feeling." Partner B will say their stop signal and name their feeling. Repeat and switch roles for each scenario.

Lesson 13 & 15: Handling Accusations & Managing Anger

Connection:

- Refer to the Calm Down Poster and review the first two steps
- Play Freeze Frame to warm up

Mini Lesson: Today I want to teach you that you can use belly breathing to calm down. Calming down helps you handle accusations and anger calmly and thoughtfully.

Show the photo from lesson 13 and tell the story of Travis and Lupita. Notice how Travis feels after being accused of copying. Do a Think, Turn, Tell about how Travis can calm down and start getting back in control. Notice how Travis uses self-tal to stop and name his feeling. Watch the video about belly breathing to learn about another calming down strategy. Do a Think, Turn, Tell about how Travis can get help with his math assignment by using an assertive voice to ask the teacher for help.

Show the photo from lesson 15 and talk about how Ahmad is mad. Play part 1 of the video and notice what happened to make Ahmad angry. Do a Think, Turn, Tell about what Ahmad can do to calm down. Play part 2 of the video and have partners reiterate the strategy Ahmad used to calm down (counting).

Small Group Work/Asynchronous Learning: Practice handling accusations by calming down before responding. Read each scenario while partner A says, "Stop! Name your feeling. Calm down." Partner B will say their stop signal, name their feeling and use belly breathing to calm down. Repeat and switch roles for each scenario. Extend this lesson by practicing handling anger using the calming strategy of counting. ead each scenario while partner A says, "Stop! Name your feeling. Calm down." Partner B will say their stop signal, name their feeling and use counting to calm down. Repeat and switch roles for each scenario.

Lesson 14: Managing Disappointment

- Show lesson card 13 and review
- Play Paper Pocket to warm up

	Mini Lesson: Today I want to teach you that negative self-talk can make strong feelings even stronger. You can calm down by using positive self-talk instead. Setting a new goal and making a plan to achieve it are positive ways to handle disappointment. Show the photo and tell the story of Leo. Notice how Leo feelings (disappointed, sad) and how his strong feelings are making him uncomfortable. Point to the Calm Down Poster and ask kids how Leo can calm down. Do a Think, Turn, Tell about the positive self-talk Leo could use to help himself calm down. Talk about how Leo can make a 3-step plan to achieve his goal of being the starting pitcher. Do a Think, Turn, Tell to help Leo make a 3-step plan for handling his disappointment and achieving his goal. Small Group Work/Asynchronous Learning: Practice handling disappointment by using self-talk to calm down and make a plan. Distribute the lesson 14 handout to each student and give them 5-10 minutes to complete part 1. After sharing some answers, complete the remainder of the handout later in the week. Play the "Calm It Down" song to end class.
Lesson 16: Managing Hurt Feelings	Connection: Review the Calm Down Poster Play the "Calm It Down" song Play Jumpy to Conclusions to warm up Mini Lesson: Today I want to teach you that calming down when your feelings have been hurt can help you avoid jumping to conclusions. Thinking of other explanations and getting more information can help you avoid jumping to conclusions. Show the photo and tell the story of Naomi. Discuss how Naomi feels hurt and upset when her friend Eva decides to play with other girls at recess. Point out the negative self-talk Naomi experiences as a result of her strong feeling. State that Naomi needs to calm down her feelings by using the Calming Down Steps. Do a Think, Turn, Tell to think about what Naomi can do to feel better as well as to discuss another explanation for what happened to Eva. Small Group Work/Asynchronous Learning: Practice thinking of different, more positive explanations for why something happens. With their partners, have kids complete the lesson 16 handout and discuss their answers with each other.
Bend VII: Problem Solving (March)	Teaching Points
Second Step Unit 4	
Lesson 17: Solving Problems, Part 1	Connection: Review the Calm Down Poster Show the Problem-Solving Poster and review what each letter stands for

• Do a Think, Turn, Tell and direct kids to use the letters in STEP to think of a typical third-grade problem

Mini Lesson: Today I want to teach you that calming down helps you think so you can solve problems. Following steps can help you solve problems without blaming others.

Show the photo and tell the story of Leo and Travis. Play part 1 of the video and identify how each boy is feeling, how you can tell and who is ready to help them solve their problem. Play part 2 of the video and discuss whether the characters are using respectful voices and what may happen when you use blaming language. Do a Think, Turn, Tell to say how you would say the problem. Play part 3 of the video to see how Travis and Leo calm down to say their problem.

Small Group Work/Asynchronous Learning: Practice identifying blaming words. Read each scenario from the lesson 17 handout. Have students keep count of the blaming words on their fingers as you say them. Call on students to repeat blaming words, then have kids record them on their handouts.

Lesson 18: Solving Problems, Part 2

Connection:

- Review the Problem-Solving Steps
- Play Step and Count to warm up

Mini Lesson: Today I want to remind you that following steps can help you solve problems. Solutions to problems must be safe and respectful, but they can always have positive or negative consequences.

Remind kids of the story they watched yesterday about Travis, Leo and Anthony. Play parts 1-3 of the video again and read the problem statement from the screen. Identify what the meaning of "safe" is and play part 4 of the video. Read each solution on the screen and E: Explore consequences of those solutions while referring to the problem solving poster. Play part 5 of the video and think about the consequences for the solution. Point to the last step on the problem solving poster and brainstorm which idea the boys will choose. Play part 6 of the video and review the problem solving steps.

Small Group Work/Asynchronous Learning: Practice thinking of solutions for one of our last lesson's problems as well as the consequences of those solutions. Distribute the lesson 18 handout and have each student complete it with their partner.

Lesson 19: Solving Classroom Problems

- Review the Calm Down Poster
- Play the "Step Up" song
- Play Active Antonyms to warm up

Lesson 20: Solving Peer-Exclusion Problems	Mini Lesson: Today I want to teach you that calming down helps you think so you can solve problems. When you solve problems, you can get along better with others. Getting along with others helps you be a better learner at school. Show the photo and tell the story of Luptia and Cody. Channel students to focus their attention on Cody and identify how he's feeling (offended) and how you can tell. PRetend you're the teacher and suggest what you think the kids should do to calm down. Work through the problem solving steps as you refer to the poster and the photo scenario. Do a Think, Turn, Tell about three things Lupita or Cody could do next time they are distracted by each other's different work habits. Small Group Work/Asynchronous Learning: Practice thinking of solutions to a classroom problem, while considering other people's perspectives and using empathy. Distribute the lesson 19 handout and read each scenario as kids act out calming down. Decide on a problem statement and write it on chart paper. Have partners brainstorm solutions. Connection: Show lesson card 19 and review Play the "Step Up" song
	 Play Paper Sweep to warm up Mini Lesson: Today I want to teach you that following steps can help you solve problems. Being assertive is a safe and respectful solution to problems like being excluded. Show the photo and tell the story of Sita. Channel students to focus their attention on Sita and identify how she's feeling (disappointed, embarrassed) and how you can tell. Use the problem solving steps to help Sita solve her problem. Do a Think, Turn, Tell to prompt kids to think of solutions that are safe and respectful. Then, guide kids to explore the consequences of those solutions. Finally, have students pick the best solution. Small Group Work/Asynchronous Learning: Practice being assertive to solve the problem of being excluded. Read each scenario aloud while partner A says, "Be assertive!" Partner B will then use assertive communication to solve the problem.
Bend VIII: Different Types of Families (April)	Teaching Points
Session 1: What Makes a Family?	Connection: Show a picture of your family on the board. Ask students to observe the photograph and turn and talk about their observations. Share that this is a picture of your family and that these are some of the most important people in your life. Mini Lesson: Today I want to teach you that a family is a group of people going through life together, often adults and the children they care for. Families are extremely important in how we grow up and navigate the world!

Tell students that families are essential to talk about when reflecting on who we are and where we come from. Discuss how we will expand our definition of "family" as we go through our units, but that many people understand the word by thinking about the people they live with (usually parents and siblings). Mention how families are different and special in their own way.

Small Group/Asynchronous Learning: Distribute drawing materials to all students and ask them to independently draw a portrait of their family. Students should draw and label family members (either those who live with them or extended family) and include a sentence to accompany their picture. Students should write, "My family is special because _____." When students have completed their portraits, collect them for use in the next lesson.

Session 2: Family Structures

Connection: Ask students to turn and talk about what family means to them. Model speaking about this to the whole group by telling about your family and what the word "family" means to you.

Mini Lesson: Today I want to teach you that there isn't just one type of family. Families can have all different types of people in them! Having different types of families makes our world a better place!

Talk to students about how every family looks different, both physically and in the way they are structured. Tell students that it is important to see and recognize different family structures in order to have respect for those that are different from us. To begin today's work, do a gallery walk to observe the family portraits students drew during the last lesson. Students may discuss what they notice as they walk and observe (you may provide sentence stems on the board to fuel discussion).

Small Group/Asynchronous Learning: After the gallery walk, students will be given various picture books in small groups (see list above). Students should observe the families in the books and discuss similarities and differences the characters have with their own families. At the end of the session, share out about whether it was easy or difficult to find a family in a book that was similar to your own. Discuss feelings around this and why we might see more of one type of family than another.

Session 3: Family Homes

Connection: Show these pictures of various types of living structures. Ask students to turn and talk about what these pictures show and what their significance is to a family. State that today we will be discussing what a home is.

Mini Lesson: Today I want to teach you different families have different types of homes. Having a home can mean different things to different people, and that's okay!

State that every family needs a home in order to live. Homes can look different and change depending on the family that lives there. Give an example of how your home changed when your sibling was born or share a story of moving to a new home. Then, as a

whole group, brainstorm ideas about what makes a "home". List ideas on the white board (these can include types of homes as well as characteristics of a home).

Small Group/Asynchronous Learning: Ask students to work in small groups to create a definition for the word "home". Encourage them to think critically about their own views and the views of others and try to include both in their definition. Have groups share their definition with another group in the class and talk about the homes they live in.

Session 4: Family Roles

Connection: Tell about how every play has roles. The role you play determines what you do, how you speak and how you feel. But, family roles can be different. We might think we know how every family works, but roles can different family to family based on what they need!

Mini Lesson: Today I want to teach you that different family members have different roles in their family. Family members help each other by doing different jobs inside and outside of the home.

Brainstorm a list of roles or jobs that need to get done in a family. Write the list on the board and ask kids to turn and talk about what roles or jobs their family members do. Prep kids for when they will have to talk about these things in partnerships.

Small Group/Asynchronous Learning: Distribute index cards with various names of family members written on each (ex. mom, dad, brother, sister, grandma, aunt, babysitter, etc.). Then, give students an envelope with various household tasks or jobs written on them (ex. Wash the dishes, cook dinner, mow the lawn, go to work, get the mail, etc.). In small groups, ask students to assign roles and jobs to each family member. As they work, circulate the room and prompt kids with questions about their decision making process. As a whole class, discuss how family roles can be assigned in different ways, depending on what works for your family.

OPTIONAL EXTENSION LESSONS:

Session 5: Family Spotlight (1)

Connection: Play the video <u>"Celebrating Families"</u> for the class. Highlight how the characters listened to one another and celebrated their families, even though they are quite different. Tell how celebrating differences is an amazing part of life.

Mini Lesson: Today I want to teach you that when we learn about different families, we can celebrate them! We can shine a spotlight on each family to show how wonderful and unique they are.

Separation (May)	
Bend IX: Divorce &	Teaching Points
	shine a spotlight on each family to show how wonderful and unique they are. Small Group/Asynchronous Learning: Conduct family spotlight presentations in two parallel learning groups. Students should take turns going in front of the group with their family members and talking about who is in their family, and what significant object they brought to share. Provide times for questions and compliments. Ask students to reflect on what they learned from others about families and culture.
Session 7: Family Spotlight (3)	Connection: Remind students of all the work they've already done around celebrating families and build excitement for today's family spotlight celebration! Mini Lesson: Today I want to remind you that when we learn about different families, we can celebrate them! We can
	Small Group/Asynchronous Learning: Conduct family spotlight presentations in two parallel learning groups. Students should take turns going in front of the group with their family members and talking about who is in their family, and what significant object they brought to share. Provide times for questions and compliments.
Session 6: Family Spotlight (2)	Connection: Remind students of all the work they've already done around celebrating families and build excitement for today's family spotlight celebration! Mini Lesson: Today I want to remind you that when we learn about different families, we can celebrate them! We can shine a spotlight on each family to show how wonderful and unique they are.
	is special to your family. By spotlighting different families and objects we can learn how we are similar and different. Small Group/Asynchronous Learning: Students should work independently to make a plan for who they want to visit the class and what unique family activity or object they want to showcase. Students may also work to create compliment/question cards in preparation for the family spotlight presentations.
	Tell the class that to wrap up our conversations about our own families we will be doing a "Family Spotlight" celebration. This celebration will serve to shine a spotlight on each of our families by having someone in our family come in and show an object that

Session 1: What is Divorce?

Connection: Remind students how we've already talked about the ways in which families can change (siblings born, moving homes).

Mini Lesson: Today I want to teach you that sometimes families can change. One way in which a family can change is when parents get divorced. A divorce happens when two parents decide not to live together or be married anymore.

Before delving into the discussion, remind students that when we're talking about families and more difficult topics, it's important to only speak about our own families. Encourage students to reflect on their own experiences and listen to those of others, without speaking badly about families unlike their own. Explain what divorce means and allow students to share about their understanding of this topic if they'd like.

Small Group/Asynchronous Learning: Provide students with time to explore books about divorce or with characters who have divorced parents (see list above).. As students read and discuss, have them stop and jot on post-its to mark their thinking. Reconvene as a whole group to answer any questions and share thoughts.

Session 2: Divorced Families are Families Too **Connection:** Remind the students about what the word "empathy" means and why it's important when talking about differences in families.

Mini Lesson: Today I want to teach you that when parents get divorced, it doesn't mean that they're not a family anymore! Families can change and grow, and that's okay.

Tell students about how when parents get divorced, it is sometimes hard for kids to understand and accept. Build empathy around the idea of one of your parents moving out of your home and having to split time between them. Explain that even when families are divorced and living in separate places, they are still a family. Families help each other grow, learn and live a healthy life.

Small Group/Asynchronous Learning: Independently or in partnerships, have students create posters to raise awareness about different types of families in their school. These posters should contain a short phrase and an illustration that can be hung in the school to raise awareness and validate different family structures.

Session 3: Talking About Divorce with Others **Connection:** Remind students of what you discussed during the last lesson and stress the importance of using kind words when speaking about families that are different from our own.

Mini Lesson: Today I want to teach you that if you know someone with divorced parents, you can talk to them about it. You can show respect for their type of family by asking questions and helping them if they need it.

Talk about how kids with divorced parents may be afraid to talk about their family with their friends for fear of judgement. Explain how we can talk about difficult things if we know what to say. We can figure out what is fruitful and helpful to say when speaking about divorce in order to show empathy and understanding.

Small Group/Asynchronous Learning: In small groups or partnerships, distribute envelopes containing <u>phrases people might say about divorced families</u>. Ask students to sort these phrases into "hurtful" and "helpful" categories and explain their thinking. Students may complete a writing assignment in conjunction with this activity explaining their thinking. They may finish the sentence, "______ is hurtful/helpful to say because _____."

Session 4: Separated Families

Connection: Listen to the read aloud, <u>"You Weren't With Me"</u> and ask students to turn and talk about the feelings the character had throughout the book. Tell students that this book highlights another difficult topic, family separations.

Mini Lesson: Today I want to remind you that sometimes families can change. Another way in which a family can change is when parents are separated. Parents can get separated for many reasons, which can be hard for other family members.

Talk to students about what a separation is and the implications it has for families. Have students brainstorm feelings that may go along with family separations and write them on the board. You may choose to explain reasons for separations, such as incarceration, deployment, immigration or impending divorce.

Small Group/Asynchronous Learning: In partnerships, have students read stories about families who are separated. Students should take on the role of a scientist, studying the story closely and making notes about important parts. Then, have students write a retell of the story, documenting why the family was separated and provide a possible plan for helping that family.

Connection: Remind students of all they have learned about families thus far. Ask them to turn and talk about something they have learned that was impactful to them.

Session 5: Learning About Families to Build Respect (1) Mini Lesson: Today I want to teach you that by learning about different types of families, we can build respect for others and ourselves. We can feel happy about our families without making others feel bad about theirs.

	Explain that part of building respect for others is by celebrating who we are and who others are. Tell students that one way to do that is to say good things about our families and others families. Reiterate that we do not need to put others down in order to feel
	good about ourselves and our families.
	 Small Group/Asynchronous Learning: As a class, make a plan to create a class family tree. This is a flexible assignment up for interpretation. Suggestions include: Creating a paper tree with leaves to represent each child and their family Each child provides a photo of their family Include a positive quote about families to accompany the tree Display the tree in the classroom Teachers/staff assistants should also complete this activity
	Decide as a class about how to proceed. You will create and assemble your family tree during the next sesion. In preparation, ask students to bring in a picture of their family.
	Connection: Share your pride in how students have learned to speak respectfully about families. Build excitement for the
Session 6: Learning About Families to Build Respect	construction of your class family tree.
(2)	Mini Lesson: Today I want to remind you that by learning about different types of families, we can build respect for others and ourselves. We can feel happy about our families without making others feel bad about theirs.
	Small Group/Asynchronous Learning: Delegate jobs to groups of students in order to assemble the class family tree to display in the classroom. Once the project is complete, you may want to send home a photo of your tree to each family in celebration of our differences.
Bend X: "It Takes A Village" (June)	Teaching Points
Session 1: What is a community?	Connection: Tell kids to close your eyes and think for one minute about your street or neighborhood. What are some things you like about it? Share one of those things with the class or in a small group.
	Mini Lesson: Today I want to teach you that we grow up not just in our family, but also in our community. A community is a place where a group of people live, work and play.
	Review what students already know about communities and write their ideas on the board. Encourage kids to think about the places in their community that they love. Share out some ideas about what is great about Florham Park.

Small Group/Asynchronous Learning: Students will work with a partner to create a map of their community. Remind students that community maps should include important places that exist there. This can be created using objects in the room, through drawings or on an iPad drawing app.

Session 2: People That Help Our Community **Connection:** Show the class a photograph of a map of your community or another community that includes places that help others (hospital, police station, etc.). Share about what you see and predict who the people are that live there.

Mini Lesson: Today I want to teach you that every community has people that help others. You can look around and notice the people who help in your community and thank them for what they do!

Tell students that in their own community there are many people and places that help others. Look at a map of Florham Park adn talk about the people who help here. Explain that communities can include your town, your school and your classroom.

Small Group/Asynchronous Learning: Walk around the school and explore to discover the people who help in your school community. Make notes as you go and make a plan to thank them personally.

Session 3: Places That Help Our Community **Connection:** Remind students of the people that help in their community (both Florham Park and Brooklake School). State that these people also work in places that help others.

Mini Lesson: Today I want to teach you that every community has places that help others. You can look around and notice the places in your community and thank them for what they do!

Explain to kids that they will be studying a place that helps our Florham Park community. Brainstorm ideas of these places before beginning small group work.

Small Group/Asynchronous Learning: Study organizations and places in the Florham Park community that work to help others. Suggestions include:

- Morris County Nutrition Project/ Nourish NJ
- Project Community Pride
- Florham Park PD
- Family Promise of Morris County

Students can complete this worksheet to study this helpful organization and reflect on how they help.

Session 4: Family Extensions

Connection: Tell students that families aren't just the people that live with us. Have students turn and talk about a person in their family that doesn't live in their home and tell kids that even those that aren't related to us can be part of our families.

Mini Lesson: Today I want to remind you that it takes a village to raise a child. Children grow up not just with their nuclear families, but with community members who help them too.

Watch the video "For Now Parents" about foster care. Discuss what students thought about the video and explain that community members (like foster families) can be part of your family too, even if you're not related to them. Brainstorm other examples of community members who could be part of your "family".

Small Group/Asynchronous Learning: Ask students to think of an important person in their life that has helped them become the person they are. Students should draw that person and write 1-2 sentences about them and how they are an extended part of their family. Suggestions include:

- Dance instructor
- Babysitter
- Teacher
- Boy scout leader
- Coach

OPTIONAL EXTENSION LESSONS:

Session 5: Helping Families in Our Community (1)

Connection: Remind students of the ways in which they have helped their community in the past (Pennies for Patients, food drives, Girl/Boy Scout projects, etc.) and discuss how you feel when you help those in need in your own community.

Mini Lesson: Today I want to teach you that it's not enough to just learn about families in our community. We can work to look at our community and family needs and make a plan to do something about it!

Explain that when you learn about a topic and the hardships that people endure, it is important to find a way to take action to help the cause. When others are working to help those in need, we can find a way to help them achieve their goals.

Small Group/Asynchronous Learning: As a class, create a plan to help families in our school community. Choose a place in the community that helps people and research what you can do to help that organization. Then, brainstorm ideas for making that happen in your school/classroom. Suggestions include:

- Food drive for Nourish NJ in Morristown- ses <u>How to Help</u> flyer
- Donate <u>items needed</u> for Family Promise of Morris County
- Make a donation to Project Community Pride

Session 6: Helping Families in Our Community (2)

Connection: Remind students of the impact they can have, even in their own community. Empower them to take action and help make change and reinforce the idea that "it takes a village" to raise a child.

Mini Lesson: Today I want to remind you that it's not enough to just learn about families in our community. We can work to look at our community and family needs and make a plan to do something about it!

Small Group/Asynchronous Learning: Using the plan that you concocted during the previous session, execute your plan for helping your community.